



Alameda County
Health Care Services Agency

Alameda County Plan for Older Adults

January 25, 2016

Joint Health & Social Services Committee

PRESENTATION OVERVIEW

- SSA / HCSA Leadership Remarks
- Updates on Planning Process
 - Planning Committee
 - Consumer Survey Results
 - Focus Groups
 - Draft Goals & Objectives
 - Next Steps

SSA / HCSA REMARKS

SSA

- Importance of Team
- Focus on Aging & Disability
- Commitment to keep work going

HCSA

- 2015 HCSA Update
- Partnership with county departments and stakeholders
- Refinement of the HCSA inventory of services
- Identification of gaps and opportunities
- Measure A is good but more is needed

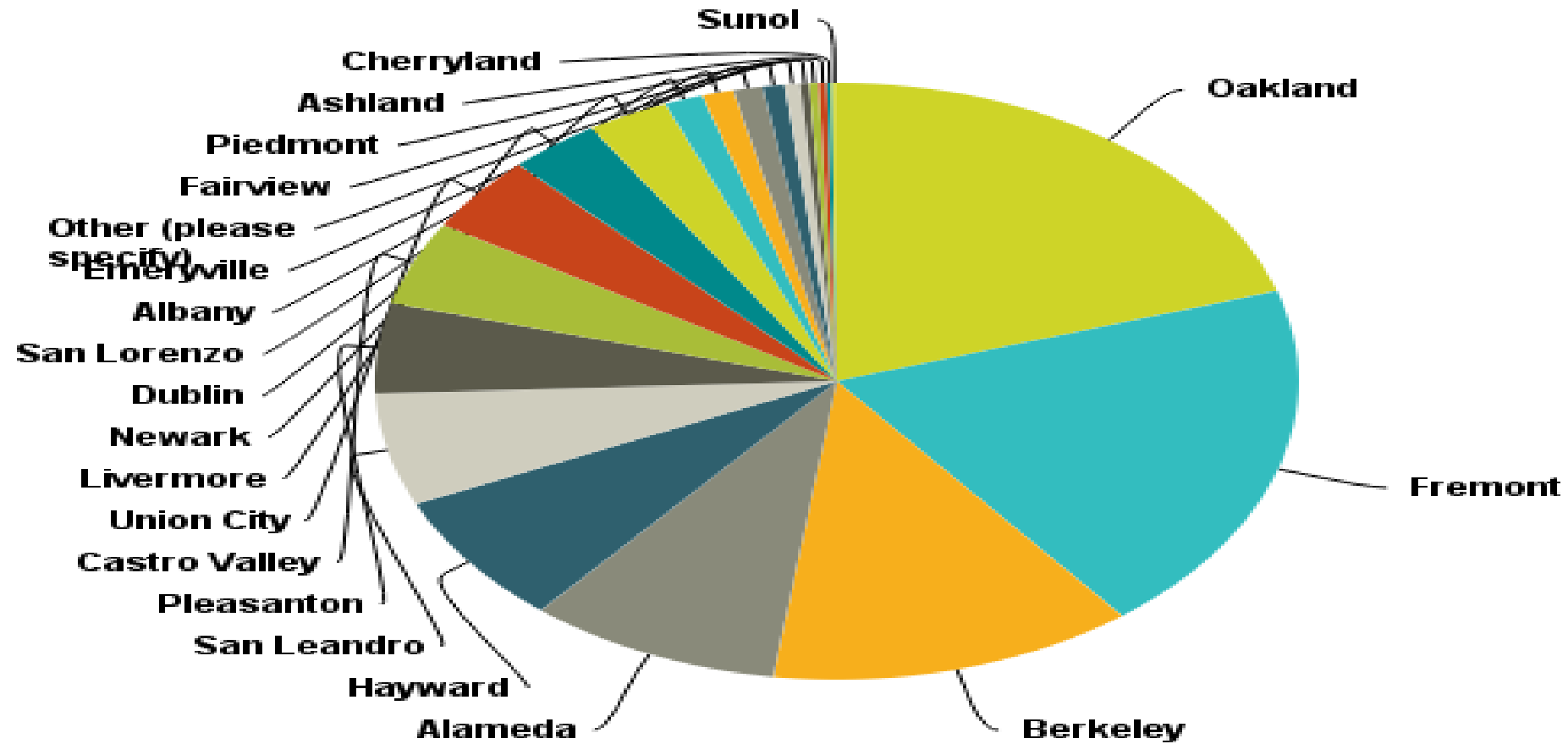
PLANNING COMMITTEE

- Committee with Broad Community Representation
- Presentations by Subject Matter Experts
- Committee workgroups
 - Data
 - Consumer Survey
 - Focus Groups

CONSUMER SURVEY RESPONDENTS

Q2 What city do you live in?

Answered: 3,698 Skipped: 39



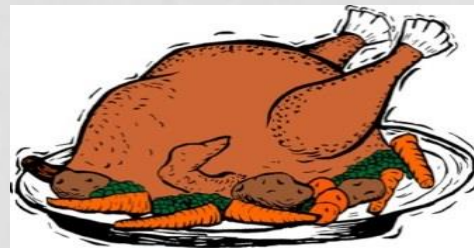
MOST REPORTED CONCERNS

	Not Concerned	% of total	Somewhat Concerned	% of total	Concerned	% of total	Total	Weighted Average
1 Income to meet basic needs	907	28%	581	18%	1761	54%	3249	2.98
2 Maintain your home	885	28%	694	22%	1614	51%	3193	2.95
3 Stay in your home as you age	973	30%	568	18%	1693	52%	3234	2.92
4 Income to save and plan for the future	965	30%	575	18%	1675	52%	3215	2.92
5 Included in decisions that impact your lifestyle	904	28%	843	26%	1476	46%	3223	2.9

70%



56%



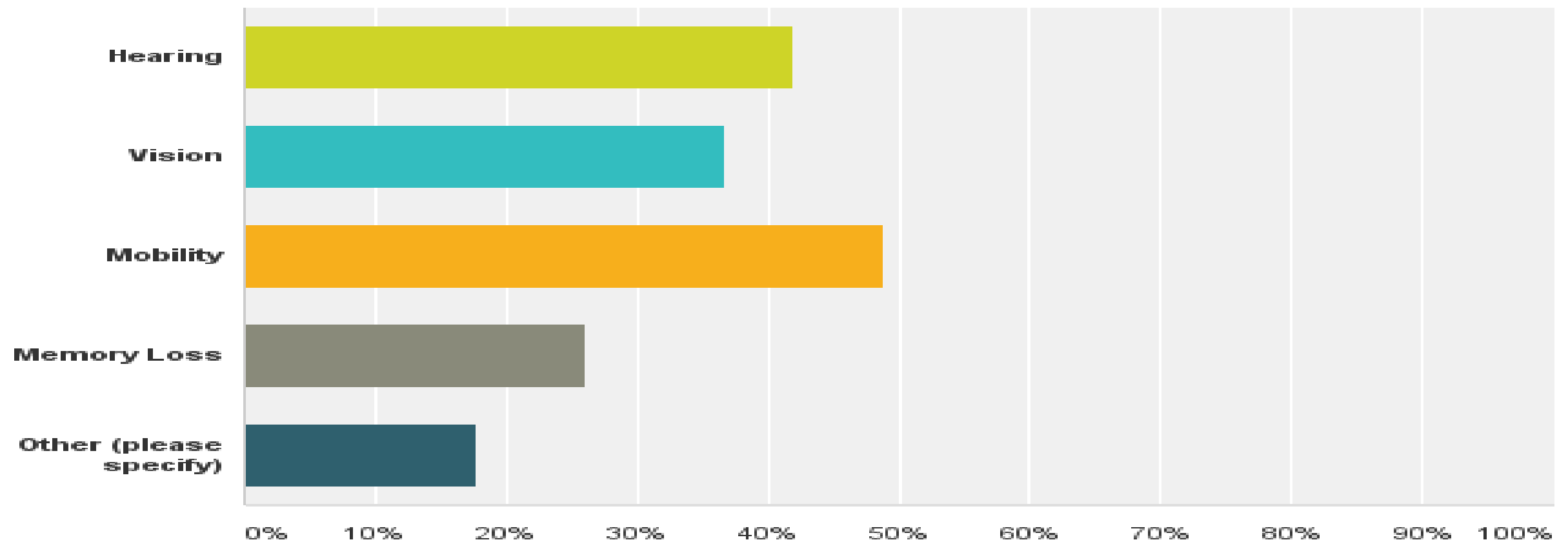
69%



LIMITATIONS OF DAILY ACTIVITY

Q22 Do you experience any of the following limitations to your daily activity? Please check all that apply.

Answered: 2,004 Skipped: 1,733



PUBLIC FORUMS / FOCUS GROUPS

WORKING WITH COMMUNITY PARTNERS TO CONDUCT PUBLIC FORUMS AND FOCUS GROUPS

➤ Current Site Hosts include:

- BACS
- City of Fremont
- Behavioral Health
- Allen Temple Arms
- Public Authority
- Mercy Retirement Center
- City of Hayward

➤ If you are interested in hosting, please contact:

Delbert Walker @ 577-1943

VISION STATEMENT

Alameda County, Where Aging Is All About Living

Vision Statement: *In Alameda County, older adults are valued, respected, and engaged in a community that is committed to healthy aging, inclusion, well-being and safety. Older adults, family caregivers, and people with disabilities have access to a comprehensive system of services, supports, and opportunities that foster aging with dignity and with a good quality of life.*

DRAFT GOAL #1

Goal 1: Engage older adults, community partners and cities in planning for and developing a community framework for older adults by:

- Promoting and Facilitating a County-wide initiative regarding the possibility of becoming a World Health Organization (WHO) designated Age-Friendly County. WHO designated communities incorporate age-friendly design in the following domains: Outdoor Spaces & Building, Transportation, Housing, Social Participation, Respect & Social Inclusion, Civic Participation & Employment, Communication & Information, and Community Support & Health Services.
- Allocating a Project Management or Staff resource to assist in WHO activities

DRAFT GOAL #2

Goal 2: Throughout Alameda County Departments, develop a coordinated approach to designing, delivering and measuring effectiveness of programs for older adults:

- Expand the number of Departments across the County working to develop common age-friendly programs, goals and approaches
- Establish a Leadership Team to monitor progress and results of the County-Wide Plan for older adults
- Develop a unified report that includes data on the number of seniors and services provided across County Departments, including services provided through community partners
- Develop an “Understanding Aging” training curriculum for county employees and make it available for community partners

DRAFT GOAL #3

Goal 3: Working with community partners, address the growing need of services for older adults by supporting a comprehensive network of providers to provide long-term services and supports (LTSS) that engage older adults and people with disabilities in community settings:

- Invest in and leverage an infrastructure of community based providers that will meet the needs of the aging and disabled population
- Support advocacy efforts on a local, state and federal level
- Provide capacity building support for senior service providers
- Through the Area Agency on Aging, fund, deliver and monitor a wide array community and home based services for seniors (see appendix for a detailed description of services and objectives)
- Support the Alameda County Aging and Disability Connection (ADRC), which includes a core partnership between the Area Agency on Aging, Community Resources for Independent Living (CRIL), and the Center for Independent Living (CIL) as a platform by which community partners can work toward access to a seamless system of LTSS for older adults and people with disabilities

DRAFT GOAL #4

Goal 4: Enhance the health, safety and well-being of older adults by offering coordinated services that promote wellness and behavioral health, with an emphasis on health prevention and early access to behavioral health services:

- Measure A: allocate additional resources in order to expand senior injury prevention programs and respond to elder nutrition insecurity
- Expand home based visits through Public Health Nursing
- Determine “hotspot” areas of County where high utilizers of services reside in order to offer targeted interventions
- Expand the availability of Behavioral Health Services
- Increase awareness of behavioral health and dementia issues with older adults

DRAFT GOAL #5

Goal 5: Enhance programming to prevent and respond to neglect and abuse of older and dependent adults:

- Increase awareness of elder neglect and abuse through a media campaign
- Increase the rate of response to calls to Adult Protective Services
- Coordinate a county-wide response to elder abuse by expanding partnerships with legal and law enforcement partners.
- Increase the capacity of Ombudsman to respond to abuse claims in long-term care facilities

DRAFT GOAL #6

Goal 6: Enhance and increase support for housing and augment the sustainability of housing programs.

- Increase the number of housing units available and affordable for seniors
- Expand the rehabilitation of existing units to allow for safe and healthy aging in place
- Explore shared housing programs
- Introduce and enforce regulations that protect older tenants from displacement

NEXT STEPS

➤ PLANNING MEETINGS:

- FEBRUARY 17, 2016
- MARCH 16, 2016

➤ COMMISSION MEETINGS:

- FEBRUARY 8, 2016
- MARCH 14, 2016
- APRIL 11, 2016

➤ BOARD OF SUPERVISORS MEETING:

- May 2016

QUESTIONS

