



Developing a County Wide Plan for Older Adults

April 25, 2016

Joint Health & Social Services Committee

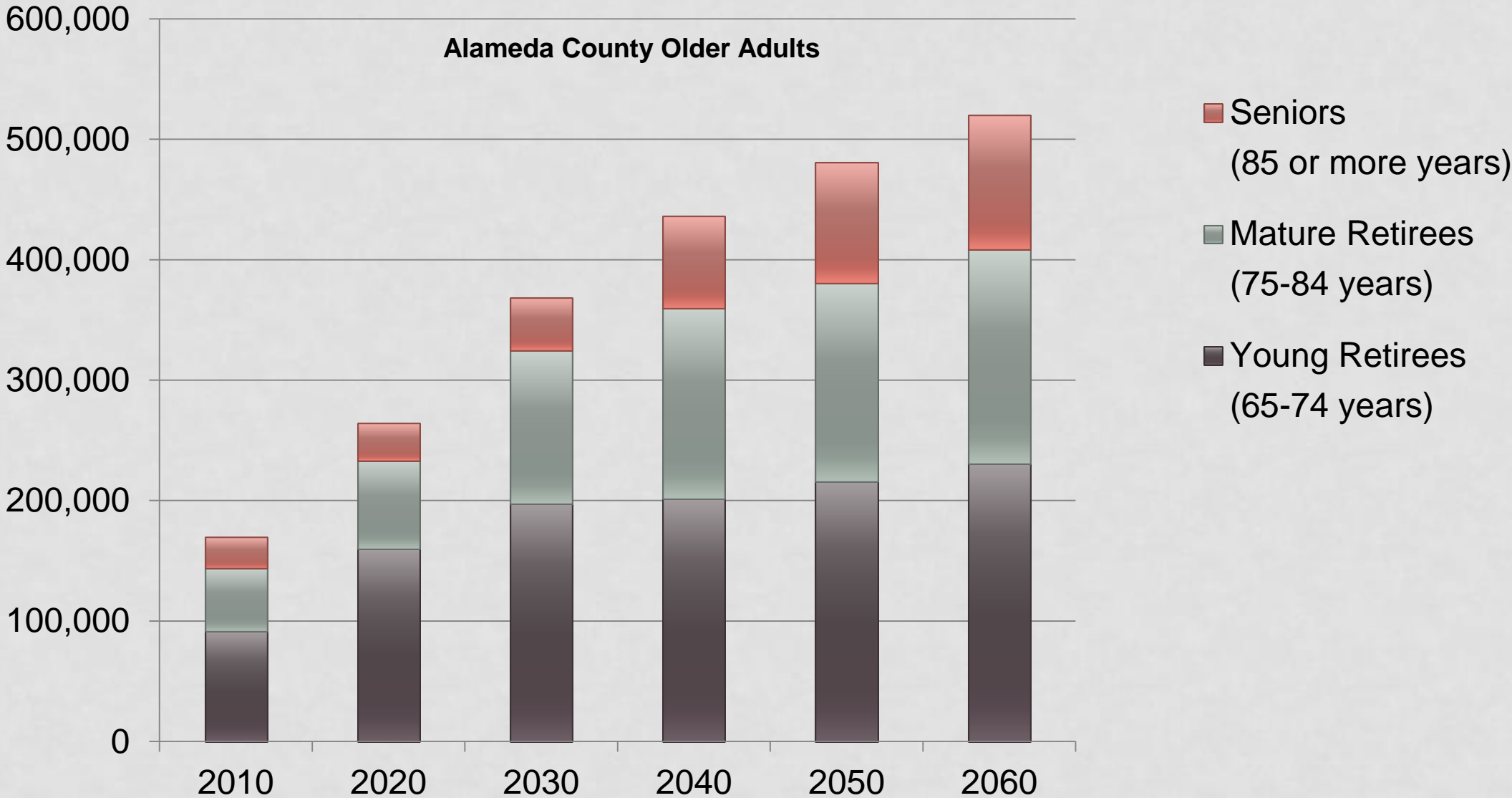
TODAY'S AGENDA

- Discuss the purpose of the plan
- Provide an overview of the planning process
- Discuss the Planning document
- Review Goals & Objectives

PLANNING FOR OLDER ADULTS

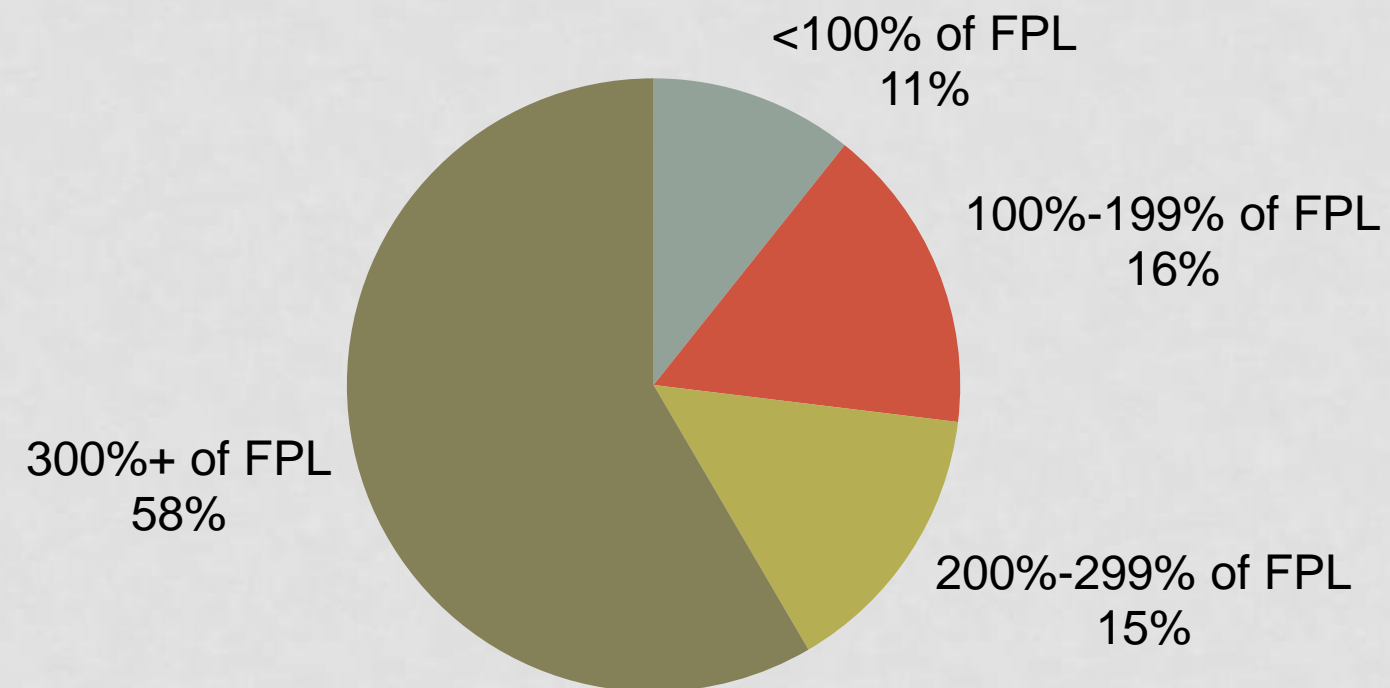
- Older Americans Act (OAA): requires that every four years the Area Agency on Aging (AAA) submits a plan for coordinated and accessible home and community-based systems of care to address community needs and develop services for older adults, adults with disabilities, and their caregivers.
- County Initiative: launched in 2015, requires that Social Services Agency (SSA) and Health Care Services Agency (HCSA) work together to broaden the plan to include both systems of care. AAA the coordinator of this effort.

WHY AGING MATTERS



WHY AGING MATTERS (CONT.)

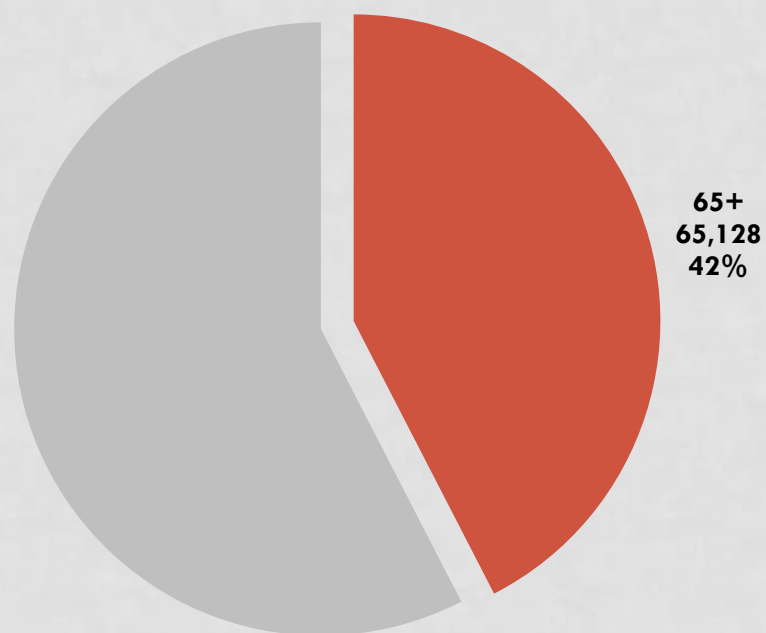
Poverty Levels



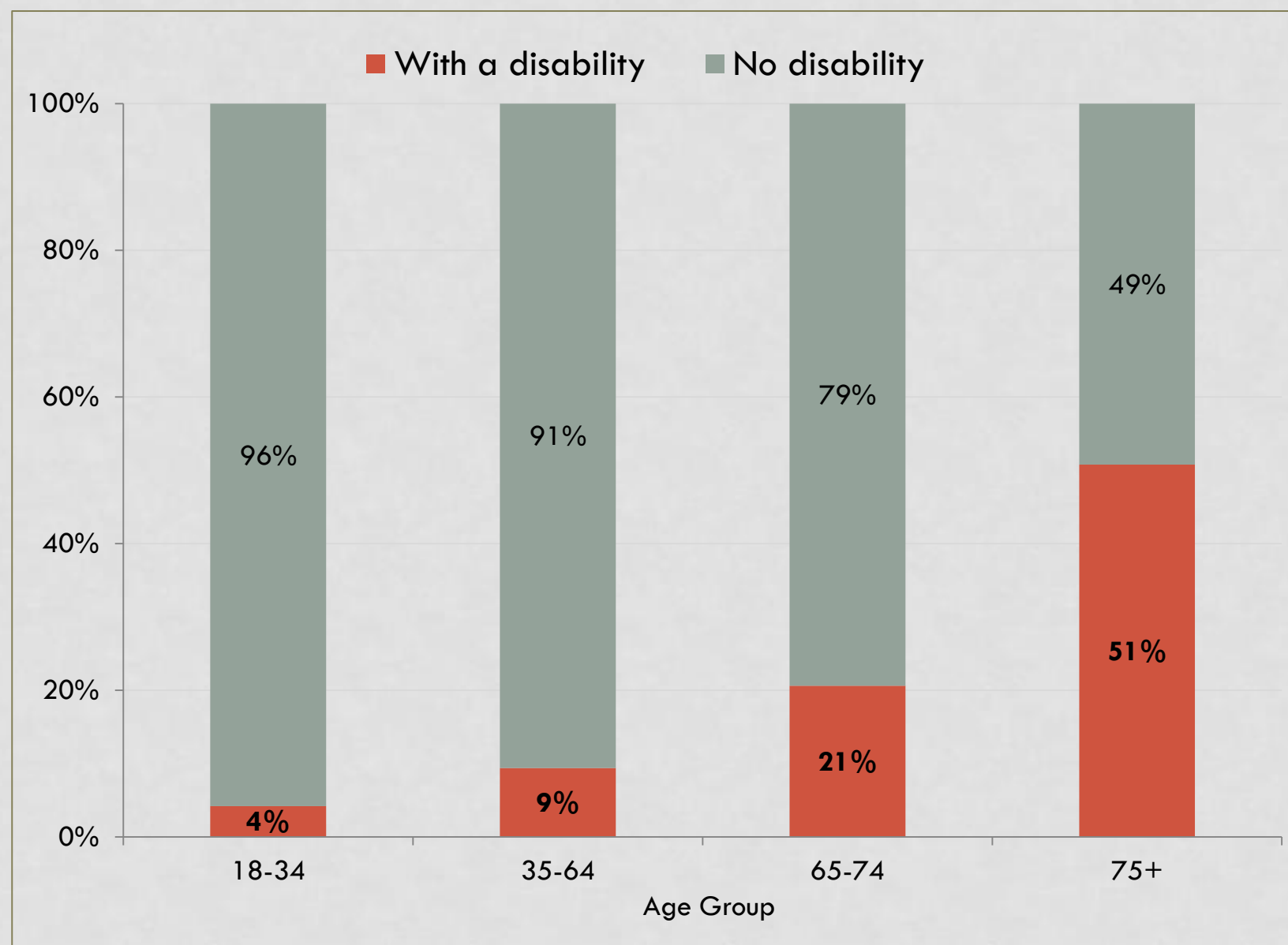
- Just over 1 in 10 older adults live under the federal poverty line
- Over 1 in 4 older adults earn <200% of FPL

Why Aging Matters (cont.)

Age Distribution of People with Disabilities



Disability Status by Age Group



THE PLANNING APPROACH

- In the spring of 2015, the AAA, in partnership with HCSA, coordinated a planning effort that incorporated the following:
 - A Planning Committee with broad representation from community
 - A Needs Assessment of Older Adults
 - Opportunities for public involvement/comment through public meetings and posting of materials

- The AAA's goal is to present a plan that reflects learning achieved through the process, is long ranging, and is useful.
(see appendices for City Profiles)

COMMITTEE MEMBERSHIP

- Chair, Donna Griggs-Murphy, Advisory Commission on Aging
- Members: Representatives from Community-Based Organizations, Cities, labor, academia, citizen activists
- County Staff: Representatives from Alameda County Public Health, Behavioral Health Care Services, & Community Development Agency
- Staff support to the committee: included AAA staff members; CAPE & PERU

(see introductory pages for roster of committee members)

COMMITTEE LEARNING

- Monthly meetings with presentations from subject matter experts covering: (see page 10)
 - Nutrition Insecurity
 - Dental Health
 - Behavioral Health
 - Client Directed Services
 - Housing
 - Elder Abuse
 - Public Authority

- Committee Reports on:
 - Consumer Survey
 - Public Forum/Focus Groups
 - Data Analysis

NEEDS ASSESSMENT

- Consumer Survey (p. 11-13 & appendix):
 - 3725 responses received
 - broad geographic and demographic representation

- Public Forums/Focus Groups (p. 13-14):
 - 28 public meetings
 - All regions and BOS districts included
 - Focus groups included LTC facility residents, LGBT, family caregivers and men

- Data Analysis (p.15-22):
 - Incorporated committee, staff & community research
 - CAPE a key contributor

Consumer Survey Top Concerns

Consumer Survey Highest rated Concerns	Ave Rating
Having enough income to meet all your basic needs	3.5
Having enough income to save and plan for the future	3.4
Being able to stay in your current home	3.4
Having the ability to maintain your home	3.4
Being included in making decisions that affect your lifestyle	3.3
Being able to afford housing as you age	3.3
Falling (being at risk for falls)	3.2

SOME KEY FINDINGS

- The number of older adults increasing (p. 3)
- Economic insecurity widespread (p. 15)
- Preventative Health is key (p. 15)
- Housing is a great concern (p. 16)
- Nutrition Insecurity growing (p. 19)
- Disability an increasing factor (p. 17-18)
- Elder Abuse a growing and silent issue (p. 20)

GOALS

- **Goals 1:** Engage older adults, community partners and cities in planning for and developing a community framework for older adults
- **Goal 2:** Throughout Alameda County Departments, develop a coordinated approach to designing, delivering and measuring effectiveness of programs for older adults:
- **Goal 3:** Working with community partners, address the growing need of services for older adults by supporting a comprehensive network of providers to provide long-term services and supports (LTSS) that engage older adults and seniors with disabilities in community settings:
- **Goal 4:** Enhance the health, safety and well-being of older adults by offering coordinated services that promote health and wellness, with an emphasis on prevention and early access to behavioral health services.
- **Goal 5:** Enhance programming to create safe communities for older adults by preventing and responding to neglect and abuse of older and dependent adults.
- **Goal 6:** Enhance and increase support for housing and augment the sustainability of housing programs

QUESTIONS